

Curriculum Vitae

Personal Details

First name: Omer

Last name: Dar

Date of Birth: 07.02.1992

Permanent Address: Kinneret Moshava, Israel, zip code 1510500

Mail: omerdar92@gamil.com

Education

2018 - present – Direct Ph.D. In Clinical Psychology, University of Haifa (President's Fellowship for Outstanding Students & Data Science Research Center Fellowship for interdisciplinary research)

2018-2021 – MA studies in Clinical Psychology, University of Haifa (GPA 94/100)

2015-2018 - BA studies in Psychobiology, Hebrew University of Jerusalem (GPA 94/100)

List of publications

Dar, O., Hadash, Y, Amir, I., & Bernstein A. (in preparation). Re-Thinking Mindfulness Meditation and Attention: Looking Out versus looking In.

Dar, O., Hadash, Y., Goldstein, P., & Bernstein A. (in preparation). Mind-Body Map Task to Study Interoceptive Attention to Bodily Sensations in Response to Thoughts Among Meditators

Ruimi, L., Amir, I., Hadash, Y., Goldstein, P., **Dar, O.**, & Bernstein, A. (under review). Meta-Awareness and Control of Internal Attention: A Simulated Thoughts Paradigm Investigation. Submitted for publication in Consciousness & Cognition.

Conferences

Dar, O.; Hadash, Y.; Veksler, T.; Oren-Schwartz, R.; Levy-Kornbluth, M.; Amir, I.; Goldstein, P.; Bernstein, A. (2021, June). *Interoceptive Attention to Bodily Sensations in Mindfulness*. Oral presentation (short talk) at the 24th meeting of the Association for the Scientific Study of Consciousness (ASSC).

Dar, O.; Hadash, Y.; Veksler, T.; Oren-Schwartz, R.; Levy-Kornbluth, M.; Amir, I.; Goldstein, P.; Bernstein, A. (2021, July). *Exploring Interoceptive Attention to Bodily Sensations in Mindfulness*. Poster session at the International Conference on Mindfulness.

Dar, O.; Levy-Kornbluth, M.; Abboud, M.; Hadash, Y.; Veksler, T.; Oren-Schwartz, R.; Bernstein, A. (2021, July). *Subjective Interoceptive Attention to Bodily Sensations in Intensive Mindfulness Training*. (2021, August). Poster session at the European Summer Research Institute.

Dar, O. (2017, March). *Funding of racist organizations in Israel – '[Tag-Meir' Organization](#)*. Findings presented at the Knesset (Israel Parliament) committee.

Scholarships and Awards

2021-present – Data Science Research Center (DSRC) Ph.D. scholarship

2021 – Conference Travel Awards, University of Haifa

2018-present – President's scholarship for direct Ph.D. track

2018 - Jerusalem Brain Community "[Golden Opportunity](#)" Scholarship for Hebrew University Undergraduates in Brain & Cognitive Sciences [JBC seeks to identify and promote career development of exceptional undergraduate students in neuroscience at the Hebrew University]

Research Grants

2021-present – Varela Award, Mind and Life Europe

Teaching

2019-present – Teaching Assistant – Statistics, JASP & SPSS for MA students, Department of Education, University of Haifa

2018-2021 – Statistics Tutor – 'Ofek' course for the 'MATAM' exam. (a national test used to screen psychology graduate candidate)

2015-2021 – Private tutor – Physics, Mathematics, Statistics, Biology

Clinical Experience

2022-present– Clinical Psychology Outpatient Internship, Technion, Haifa

2020-2021– Clinical Psychology Practicum, Psychotherapy for adults, Rambam Hospital, Haifa

2019-2020 – Clinical Psychology Practicum, Psychotherapy for children and Parent Guidance, Center for Psychological Treatment ('Ehad ha'am'), Haifa

2019-2020 – Personal Tutor – students with autism, University of Haifa

2017 - 2018 – Personal Tutor – 'En Karem' Hospital Mental Health Center, Jerusalem

2016 - 2017 – Personal Tutor – Kiryat Yovel Mental Health Center, Jerusalem

2012 - 2013 – Personal Tutor – students with autism for computer science 'Gil' school, Givataim

2010-2011 – Travel guide – field-school, Hatzeva

Other Work Experience

2017-2018 – Research Assistant, Computational Neurobiology Lab (Prof. Idan Segev) – research project to model neural mechanisms of Gamma waves in the cortex - ELSC (The Edmond and Lily Safra Center for Brain Sciences), Hebrew University

2017 – Data Analyst for '[Tag-Meir' Organization](#)

2016-2017 – Guide – 'Sayarut' (Jewish National Fund)

2011-2015 – IDF Military Service – Officer, techno-intelligence research, Classified Intelligence Unit

Miscellaneous

Advanced training in programming (Python, MATLAB, R, SPSS) and computational methods. Experience in advanced data analysis

Hatha Yoga teacher (RYS 200 hours)

Experience as a travel and sailing guide (certificate as a guide traveling,
ministry of education)